

# MUTFORD NEWS

Issue 27: November 2020

**This newsletter is produced & delivered to every house in Mutford by volunteers.  
If you would like to help, contribute or comment, please get in touch:  
MutfordNews@gmail.com or call Jenny 476518**

## Mutford Parish Council Meeting

The next 'virtual' meetings of Mutford Parish Council are Monday 2<sup>nd</sup> November and Monday 7<sup>th</sup> December. 7.30pm start.

For more details please go to <http://mutford.suffolk.cloud/> or contact John Armstrong, Parish Clerk: 01502 476418 [jamutfordpc@btinternet.com](mailto:jamutfordpc@btinternet.com)

## St Andrew's, Mutford

Next service: Holy Communion

Sunday 15<sup>th</sup> November at 11am

Please inform Martin on 07919 855726 if you would like to attend.

## Defibrillator

A defibrillator - a device that gives a high energy electric shock to the heart of someone who is in cardiac arrest - has been donated to the village by a charity called HeartCare. The defibrillator is located beside the main door to the Village Hall.

## Mutford Village Hall - update

The Village Hall is still unfortunately only available to regular hirers: table tennis on Mondays & Wednesdays, and dog training on Wednesdays and some Saturdays. Due to the current COVID-19 restrictions it is currently not possible for the hall to be used by others hirers such as WI, bingo and the woodturners.

For more information, please contact Roy Hurrell 01502 476707

Please drive carefully through the village.  
Respect all road users



## CORONAVIRUS (COVID-19)

Keep informed of the latest advice and guidance on the coronavirus crisis.

### NHS

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

### Government response

<https://www.gov.uk/coronavirus>

### NHS COVID-19 app, go to

<https://covid19.nhs.uk/>

If you are unable to access these sites for any reason, please ask a family member, friend or neighbour to find out the information for you.

## Community Chain

Please contact [mutfordnews@gmail.com](mailto:mutfordnews@gmail.com) if you'd like to join the Community Chain email alert. This is sent out as and when necessary if there is new government guidance on coronavirus. These email updates will not replace this newsletter.

## Lest We Forget

The War Memorial, located in the burial ground next to St Andrews, was made in granite by Mr E. Brown from Kirkley and unveiled in March 1921. The inscription says:

In Memoriam / MEN OF MUTFORD WHO FELL IN THE / GREAT WAR, 1914-1918 / NAVY / (Names) / ARMY / (Names) / AND THESE WHO GAVE THEIR LIVES FOR NATIVE LAND / SHALL LIVE IN MEMORY FOR EVERMORE / (Top Step) TO THE MEN WHO FELL IN THE / WORLD WAR, 1939-1945 / (Names)

The memorial names 14 men who died during the First World War, and 3 during the Second World War.

## PLANNING APPLICATIONS

Applications within the parish of Mutford

*Info. correct as of 28<sup>th</sup> October 2020*

Full details of all East Suffolk Council (ESC)

planning applications:

<https://publicaccess.eastsuffolk.gov.uk/online-applications/>

### CURRENT PLANNING APPLICATIONS

- Outline Application (With Some Matters Reserved) - Construction of 3 No pairs of semi-detached houses. Formation of new vehicular access and associated parking and landscaping works.  
Land to the North of Chapel Road, Mutford NR34 7UU  
ESC status: Awaiting decision

### RECENT DECISIONS

- None

### APPEALS

- Construction of single storey dwelling, drive access, fencing, materials.  
Rivendell, Church Road, Mutford. NR34 7UZ  
Status: Appeal dismissed

### East Suffolk Council public consultations

Residents are invited to have their say on three draft ESC planning documents:

- Cycling and Walking Strategy - to improve the options for people cycling and walking in East Suffolk;
- Statement of Community Involvement (SCI) - to increase people's engagement with the planning process;
- Recreational Disturbance Avoidance & Mitigation Strategy (RAMS) Supplementary Planning Document - which looks at how to reduce the impact of new housing developments on protected habitat sites

Comments close 30<sup>th</sup> Nov. For more info:

<https://www.eastsuffolk.gov.uk/news/comments-invited-on-planning-documents/>

### Did you know...

The horse chestnut tree, which has fruits known as conkers, was introduced to England from the Balkans in the late 16<sup>th</sup> Century. The first recorded game of 'conkers' took place on the Isle of Wight in 1848.

## Cider-making



'Making cider is the oldest and traditional method of preserving the energy found in apples. Apart from a tiny bit of sugar added at the bottling stage, my cider contains only apples. The yeast is the

natural yeast found on the apple skins and no other additives are used. You will require some means of crushing the apples to pulp (avoiding contact with metal), and a press [I am happy to advise on the design of these if anyone is interested].

Over the years I have developed three rules of cider making; these are:-

**Rule 1:** Don't pick 'em. The apples fall off the trees when they are ripe, meaning you get the maximum amount of sugar for the yeast to convert to alcohol.

**Rule 2:** Don't wash 'em. This ensures plenty of natural yeast to start the fermentation - any bacteria and other micro-organisms will not survive the concentration of alcohol produced) and any solid matter will form a sediment.

**Rule 3:** Don't drink it until you hear the cuckoo. Although the fermentation will be mostly complete after four weeks, the liquor has very little flavour, and patience is required until May .

In late winter, the liquor is separated from the sediment. Five grams of brewing sugar are added per litre - to start a small secondary ferment, not because more alcohol is needed: it's already between 8 and 9%. The carbon dioxide produced results in a naturally carbonated product, giving it a clean crisp flavour. The secondary fermentation leaves sediment, so care must be taken to pour slowly, and in one motion, leaving a centimetre or so in the bottle with the sediment.

Martin. Pond Farm.

## Coronavirus/ COVID-19



Do not leave home if you or anyone in your household has symptoms:

- a high temperature,
- a new continuous cough;
- a loss of, or change to, your sense of smell or taste.

On 12<sup>th</sup> October, the Government announced 3 tiers of restrictions across England: 'Medium', 'High' and 'Very High'. There is no 'Low'.

East Suffolk is currently in the 'Medium' tier (also known as Tier 1). We can still socialise in groups of up to 6 people indoors and outdoors; it is mandatory to wear face masks in a wide variety of indoor settings including shops, theatres, public areas of hotels, on public transport, in taxis and private hire vehicles; and pubs/ cafes/ restaurants must close at 10pm, with table-service only.

Full details of restrictions in each of the three tiers: <https://www.gov.uk/guidance/local-covid-alert-levels-what-you-need-to-know>

A full list of areas within each of the three tiers: <https://www.gov.uk/guidance/full-list-of-local-covid-alert-levels-by-area#local-covid-alert-level-medium>

The majority of Essex is currently in Tier 2/ 'High'.

Scotland, Wales and N.Ireland each have their own restrictions in place

## Neighbourhood Watch

Now is the time to check and, if required, update your home security. Before you start any security updates, you must ensure this complies with your insurance requirements, as this could be a costly mistake. If unsure, please ask a family member to read your insurance cover.

A tip for updating your security, is to always look at the weakest point and go from there. An example would be updating a padlock. You may require an insurance approved padlock to be fitted, especially on outbuildings and commercial properties.

Most Insurance Companies refer to a minimum of Central European Norm (CEN) graded padlocks. CEN is a simple yet effective standard for padlock strength and ranges from 1-6. It is the same as BSEN 12320.

For high security purposes grades 3-5 are adequate, Grade 6 (the highest) is only required in the most vulnerable commercial applications. A CEN padlock generally costs around £60 and is available from most DIY shops.

Be sure to use a hasp with the padlock that meets the same standard; if not, the hasp becomes the weakest point and the security will not be upgraded.

**If you would like to be included in Neighbourhood Watch crime/news updates via email or WhatsApp, please contact Nigel at [nigel-parsons@live.co.uk](mailto:nigel-parsons@live.co.uk) or 07944 728900 for WhatsApp**

### Keep fit, keep healthy

- Bungay pool is re-opening, renamed as Waveney Valley Leisure Centre, with gym & fitness classes, and swimming sessions <https://www.placesleisure.org/centres/waveney-valley-leisure-centre/>
- Have you thought of trying Couch to 5k? Check out a walk/run programme over 9 weeks: <https://www.nhs.uk/live-well/exercise/couch-to-5k-week-by-week/>
- Enjoy a walk around fields and quiet lanes. Have a look at 18 walks near Beccles [http://waveneyramblers.org.uk/walks/walk\\_guides/Beccles#walks](http://waveneyramblers.org.uk/walks/walk_guides/Beccles#walks)

## Beccles library

The library is currently open for browsing, collections and returns. No events or room hire. Photocopying, printing and PC usage is now available - contact the library to book an appointment to use the computers.

Face coverings are required to visit the library buildings.

It is required by law for customers to provide their information for Test and Trace upon entry into the library.

Open 10am – 4pm Mon-Sat. Closed Sundays

For more info:

<https://www.suffolklibraries.co.uk/visit/locations-and-times/beccles-library/>

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## Mobile library

Next visits:

Thursday 29<sup>th</sup> October and 26<sup>th</sup> November.

No visit in December

- 10.30-10.45am: near SWB Garage, Hulver Road
- 10.50-11.05am: near Serenity Hair & Beauty, Hulver Road
- 11.10-11.25am: Mutford Village Hall

For more info, call 01473 35124

email [help@suffolklibraries.co.uk](mailto:help@suffolklibraries.co.uk) or go to

[www.suffolklibraries.co.uk/coronavirus/](http://www.suffolklibraries.co.uk/coronavirus/)

## Be aware...

The B1127, Wrentham to Reydon road, is very badly flooded at Cove Bottom. Suffolk Highways have put out warning signs but some motorists have ignored them and then found that the flood water is deeper than expected.

The Police have advised "Please adhere to the signs, even if your car is capable of driving through the flood, and use the A1095 instead."

## Scheduled roadworks

For information on roadworks in Suffolk

<https://www.suffolk.gov.uk/roads-and-transport/roadworks/roadworks-in-suffolk/>

## Waste Bin collection

Wednesday 4<sup>th</sup> November – Blue & Green

Wednesday 11<sup>th</sup> Nov. – Black

Wednesday 18<sup>th</sup> Nov. – Blue & Green

Wednesday 25<sup>th</sup> Nov – Black

Wednesday 2<sup>nd</sup> December - Blue & Green

Bins should be out by **6am**

For missed bins call 03330 162000

8.45am-5pm Mon/ Tues/ Wed/ Fridays

9.30am – 5pm Thursdays

## RECYCLING CENTRE ('Council tip')

The recycling centre in Hadenham Road, Lowestoft NR33 7NF is open but you must book a designated time slot.

Open 9am to 5pm every day except Thursdays (open until 7pm) and Wednesdays (closed).

For more info. and to book a slot, go to:

<https://www.suffolkrecycling.org.uk/where-to-recycle/recycling-centres/suffolk-recycling-centres-booking-page>

## To report fly-tipping

[www.eastsuffolk.gov.uk/waste/fly-tipping](http://www.eastsuffolk.gov.uk/waste/fly-tipping)

Or call East Suffolk Council:

**03330 162 000**

## To report pot-holes in local roads

<https://highwaysreporting.suffolk.gov.uk/>

Or call Suffolk County Council:

**0345 606 6171**

## To report power cuts or damage to electricity power lines

Dial 105 . This is a free service, which you can call from landlines and most mobile phones. If there is a serious immediate risk, call the emergency services too.

## Police

Call 101 for non-urgent matters

Always call 999 for emergencies

To report something anonymously call Crimestoppers 0800 555 111

## The printing of this newsletter is funded by Mutford Parish Council

To help distribute copies or to provide content, please call Jenny 476518 or email [MutfordNews@gmail.com](mailto:MutfordNews@gmail.com)