

# MUTFORD NEWS

Issue 43: March 2022

This newsletter is produced & delivered to every house in Mutford by volunteers. If you would like to help, contribute or comment, please get in touch: [MutfordNews@gmail.com](mailto:MutfordNews@gmail.com) or call Jenny 476518

## Mutford Parish Council Meeting

The next meeting of Mutford Parish Council is scheduled to take place on Thursday 31<sup>st</sup> March, starting at 7pm, in Mutford Village Hall.

Residents are welcome to attend. Social distancing will be in place.

For more info. contact John Armstrong, Parish Clerk. 01502 476418 or email [jamutfordpc@btinternet.com](mailto:jamutfordpc@btinternet.com)

## Don't forget

The clocks go forward one hour at 1am on Sunday 27<sup>th</sup> March. So you'll lose an hour of sleep but gain an hour of daylight.



## Avian Flu

The whole of England is still designated as an Avian Influenza Prevention Zone (AIPZ).

'All bird keepers in England (whether they have pet birds, commercial flocks or just a few birds in a backyard flock) are required by law to take a range of biosecurity precautions including keeping their birds indoors except in very specific circumstances.'

For more information about avian flu: <https://www.gov.uk/guidance/avian-influenza-bird-flu>

Please drive carefully through the village.  
Respect all road users



## St. Andrew's, Mutford

Next services – all Holy Communion:

Sunday 6<sup>th</sup> March 9am.

Sunday 20<sup>th</sup> March 11am.

Sunday 3<sup>rd</sup> April 9am.

Work clearing the overgrown section of the churchyard continues.

## Quiz Night in aid of St. Andrew's Tower Restoration Fund

Friday 25<sup>th</sup> March. 7pm prompt at Mutford Village Hall

Teams of 6. £5 per person including tea/ coffee & cake

There will be a Raffle

Feel free to bring your own refreshments.

To book please ring Pam 07900 438545

## Mutford Village Hall - update

The 'Corn Hole Game' on 23<sup>rd</sup> January raised over £200; the game, cream tea, quiz and raffle were enjoyed by over 40 people.

The Village Hall Committee will be installing visual devices on the outside of the hall to deter potential incidents of dog fouling, vandalism or anti-social behaviour. If evidence is available, the appropriate action will be taken.

Table tennis continues to be a major income-generator, with 3 teams in the Lowestoft League. There are also sessions on Monday mornings for casual play, and a session on Wednesday afternoons run by U3A.

If anyone is interested in any of these, please contact Roy 01502 476707.

## PLANNING APPLICATIONS

Applications within the parish of Mutford  
*Info. correct as of 21<sup>st</sup> February*

Full details of all East Suffolk Council (ESC) planning applications:  
<https://publicaccess.eastsuffolk.gov.uk/online-applications/>

### CURRENT PLANNING APPLICATIONS

None

### RECENT DECISIONS

None

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### Help and advice:

#### Wednesday 9<sup>th</sup> March 10am-12noon

New monthly 'pop-along' events to take place in Beccles Library on the second Wednesday of every month.

Chat with a local councillor, an officer from East Suffolk Communities Team and a representative from a local organisation.

The events will be a chance to have a chat in person, raise issues & ideas with councillors and council staff.

No need to book, just pop-along...

### Warmer Homes Suffolk

A new initiative has been launched which aims to give help people make changes to reduce their energy bills – both advice & grants to install loft insulation, solar panels and air source heat pumps.

Grants could be available if you are on a low income or you currently receive benefits (or think you may be eligible for them).

The scheme is run by local councils including Suffolk County Council and East Suffolk Council, with funding from the department for Business, Energy and Industrial Strategy.

For more information, go to:

<https://www.warmhomessuffolk.org/> or call 03456 037 686

## Art Group

The new Art Group meets every Thursday at Mutford Village Hall.  
9.30-12.30am.

Bring your own equipment  
New members welcome but numbers will be restricted. For more details, please call Pam 07900 438545

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### Monday Club

Next meeting:

**Monday 4<sup>th</sup> April. 2pm.**

Afternoon tea, quiz + raffle  
Mutford Village Hall.

For more information call Jean 476707

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### Try Parkrun

Free weekly 5km timed events organised by local volunteers.

**Walk, jog or run – or volunteer.**

**9am every Saturday**

**Nearest Parkrun: Claremont Pier, Lowestoft**

<https://www.parkrun.org.uk/register/>  
Parkrun is a not-for-profit organisation

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### Beccles Farmers Market

(beside airfield)

1<sup>st</sup> and 3<sup>rd</sup> Saturday in the month.

9am – 1pm

Next markets: 5<sup>th</sup> & 19<sup>th</sup> March

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### Did you know...

If you live in a low-income household and receive benefits, you MAY be eligible for special discounted broadband packages ('social tariff') and could save up to £150 per year.

For more info. go to:  
[www.ofcom.org.uk/phones-telecoms-and-internet/advice-for-consumers/costs-and-billing/social-tariffs](http://www.ofcom.org.uk/phones-telecoms-and-internet/advice-for-consumers/costs-and-billing/social-tariffs)

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### Dates for your diary:

Friday 15<sup>th</sup> April - Good Friday

Monday 18<sup>th</sup> April - Easter Monday

Monday 2<sup>nd</sup> May - May Day Bank Holiday

Thursday 2<sup>nd</sup> June - Spring Bank Holiday

Friday 3<sup>rd</sup> June - Queen's Platinum Jubilee

## CORONAVIRUS (COVID-19)

### 'Living with COVID-19' – latest Government advice, announced on 21<sup>st</sup> February:

- There will no longer be a legal requirement for people with a positive test to self-isolate but they will still continue to be advised to stay at home and avoid contact with other people;
- The guidance for staff and students in most education and childcare settings to undertake twice weekly asymptomatic testing has been removed;
- Free lateral flow testing for the general public will end from 1st April. Most vulnerable people will continue to get free tests if they are symptomatic, and others will be able to pay for a test.
- To reduce chance of catching COVID and passing it on, you are still advised to get vaccinated; wear a face covering in crowded/ enclosed spaces, and try to stay at home if you are unwell.
- The over-75s and the most vulnerable over-12s across the UK will be offered another Covid booster jab from spring.

### For full info. on 'Living with COVID-19' go to:

<https://www.gov.uk/government/publications/covid-19-response-living-with-covid-19>

## Jab Cab

Our local health service group - Norfolk and Waveney CCG, in collaboration with other health and care partners, are funding a 'Jab Cab' service until 31<sup>st</sup> March 2022.

You can book a free taxi cab return journey to a vaccination site in order to receive a COVID-19 jab, whether you are having your first, second, booster or fourth jab.

Chet Taxis (01508 520705) is currently the only firm able to offer the service to people living in Mutford; the firm suggest checking availability with them before confirming your jab booking.

To book a jab:

[www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/](http://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/)

For more general info on Jab Cab:

[www.norfolkandwaveneyccg.nhs.uk/jabcab](http://www.norfolkandwaveneyccg.nhs.uk/jabcab)

## Carlton Marshes Nature Reserve

The nature reserve is open from dawn until dusk, seven days a week and is free to enter.

The Visitor Centre, open 10am – 4pm, has a café and shop. There is an adventurous playscape for children, and accessible and all-weather trails. Free parking.

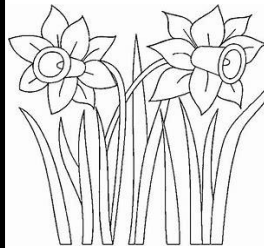
Please keep your dog on a lead where required. There is a dedicated dogs off lead area.

For more info:

<https://www.suffolkwildlifetrust.org/carlton>

## Spring has (almost) sprung!

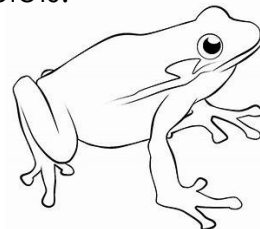
In the February issue of this newsletter, snowdrops were described as the first sign of spring.



Daffodils are also a very welcome sight from mid February; there are over 40 species, and they will flower year after year if you treat them correctly.

Daffodil bulbs are poisonous, causing a stomach upset if eaten. They are easily and regularly mistaken for onions, so to avoid any confusion always keep stored daffodil bulbs in labelled bags, and don't plant them in vegetable plots.

Blackthorn blossom has just begun to appear on the hedgerows along the lanes and footpaths around the village.



And if you have a pond in your garden, you may soon see frogspawn.

The next full moon is on Friday 18<sup>th</sup> March; this is sometimes known as a 'Worm Moon'.

## Please - don't forget...

Please clean up after your dog(s). Dog mess can transmit diseases including parvo (lung/ eye infection dangerous to children & pregnant women).

## Beccles Library

Opening hours:

9.30am – 5pm Mon-Thurs, Saturday

9.30am – 7.30pm Friday

10am – 4pm Sunday

For more info: [www.suffolklibraries.co.uk/visit/locations-and-times/beccles-library](http://www.suffolklibraries.co.uk/visit/locations-and-times/beccles-library)

## Suffolk Mobile Library

Next visits of mobile library to Mutford:

Thursday 17<sup>th</sup> March and Thursday 14<sup>th</sup> April

10.30-10.45am Lindenette (near Land Rover garage)

10.50-11.05am - Old Post Office (Hulver Road)

11.10-11.25am - Village Hall

### To report a power cut or to report damaged power cable/ poles

Call **105** to report a power cut; this is a free-of-charge call from any network. Do not call your electricity supplier. Electricity suppliers are not responsible for the power lines that connect to homes or businesses.

### To report issues with local footpaths

<https://www.suffolk.gov.uk/roads-and-transport/public-rights-of-way-in-suffolk/report-a-public-right-of-way-issue/>

### To report overgrown hedges, fallen trees or pot-holes

<https://highwaysreporting.suffolk.gov.uk/>

Or call Suffolk County Council: **0345 606 6171**

### If you need help...

Samaritans	116 123
Anxiety UK	03444 775 774
Mind	0300 123 3393
Calm	0800 58 58 58
Crisis text line	(text)85258
Child-line	0800 11 11

### Police

Call 101 for non-urgent matters

Always call 999 for emergencies

To report something anonymously call

Crimestoppers 0800 555 111

## Waste Bin collection

Wednesday 2<sup>nd</sup> March – Black bin

Wednesday 9<sup>th</sup> March – Blue & green bins

Wednesday 16<sup>th</sup> March – Black

Wednesday 23<sup>rd</sup> March – Blue & green

Wednesday 30<sup>th</sup> March – Black

Bins should be out by 6am

For missed bins call 03330 162000

8.45am-5pm Mon-Wed/ Fridays

9.30am – 5pm Thursdays

### What to put in Blue (recycling) bin...

Clean & dry items including:

- Plastic bottles, washed, with the lid on
- Plastic tubs, washed
- Food & drink cans
- Newspapers, magazines, junk mail
- Cardboard

But...

- No black sacks/ plastic bags
- No glass/ No textiles
- No nappies
- No polystyrene
- No food scraps
- No shredded paper

<https://www.eastsuffolk.gov.uk/assets/Waste/Recycling-bin-guide.pdf>

### RECYCLING CENTRE ('Council tip')

Book a slot to use the recycling centre in Hadenham Road, Lowestoft. There is no limit to how many times a week you use the facility.

Free to use for household waste. Open 9-5pm six days a week. Closed on Wednesdays. For more info. and to book a slot, go to:

<https://www.suffolkrecycling.org.uk/where-to-recycle/recycling-centres/suffolk-recycling-centres-booking-page>

### To report fly-tipping:

[www.eastsuffolk.gov.uk/waste/fly-tipping](http://www.eastsuffolk.gov.uk/waste/fly-tipping)

Or call East Suffolk Council:

**03330 162 000**

Don't see it and just grumble. Report it!

### The printing of this newsletter is funded by Mutford Parish Council

To help distribute copies or to provide content, please call Jenny 476518 or email [MutfordNews@gmail.com](mailto:MutfordNews@gmail.com)